

Minutes



INNER EAST HEALTH & WELLBEING SUB GROUP
DATE/TIME: 13th January 2014, 10am, Reginald Centre
CHAIR: Cllr Roger Harington

Present: Councillor Roger Harington (CRH), Liz Bailey (LB), Louise Cresswell (LC), Zaheda Noor (ZN), Andrew Birkbeck (AB)

Apologies: Councillor Ron Grahame, Cllr Vonnie Morgan, Janet Smith

ITEM DISCUSSED	ACTION
1.00 <u>Minutes & matters arising</u>	
1.1 The minutes were approved as an accurate record.	
1.2 LB reported that there had been 11 unannounced advisory visits to suspected Shisha cafes across the city, four of which are in Inner East. LB said these visits would be followed up by multi-agency action.	
1.3 CRH expressed his continued frustration with the Shisha issue and said he would be contacting the chair of the council's licensing committee in a bid to better understand the process of how licenses for Shisha cafes are dealt with.	CRH
2.00 <u>Health Tracker</u>	
2.1 LB, LC and ZN presented a matrix of projects that their team is currently involved in the Inner East area. Members had agreed that this should be a working document to be regularly added to and updated for the group's reference.	LB, LC, ZN
2.2 The matrix is attached as an appendix to these minutes for ease of reference.	
3.00 <u>Any Other Business (A.O.B)</u>	
3.1 AB said he had recently been in dialogue with Mr Anjum Mir of EMAAN (Eastern Media & Arts Network http://www.emaan.org.uk/) with regards the work of the Public Health team and a their possible involvement in a documentary on the dangers of diabetes. AB to keep the sub group posted on developments.	AB
4.00 <u>Time and Date of next Meeting</u>	
4.1 Monday 3rd March 2014 at 10am in the Reginald Centre – AB to book room.	AB

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Action	Who's involved	Current position	Next steps/outcome
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<p>Childhood Obesity</p> <p>Rationale Priority within the H &WB Strategy</p>	<p>Alison Cater (PH Specialist Children's Directorate) Janet Smith</p> <p>C4L -Childhood Obesity group led by Alison Cater Richmond Hill. Alison Cater, Zest, Primary schools in RH, Jason Minott, Zaheda Noor</p>	<p>Harehills Project has been running for some time. Model rolled out to Richmond Hill.</p> <p>Summer Swimming Project.</p> <p>Increase uptake to Leeds Lest Gets Active - sign up sessions in all RH primary schools 2014</p> <p>C4L healthy eating Leeds 'swapathon' campaign. (Led by Emma Strachan (Health Improvement Specialist (Food)</p>	<p>The proportion of healthy weight children in both reception year and Yr 6 does appear to be increasing across the Inner East generally, but Gipton and Harehills have seen an increase in overweight children and Killingbeck and Seacroft children are entering school a healthy weight, but gaining more as they move into Yr 6</p> <p>40 community members from RH attended swimming sessions at Fearnville, families identified transport as an issue to accessing swimming. Group to investigate if a similar project could be arranged for summer holidays 2014.</p> <p>8 parents signed up at session arranged in Nov 13. Sign up sessions arranged in all RH Primary schools in Jan 2014</p> <p>All primary schools in RH to participate in the c4l 'swapathon' challenge. ZN/Emma Strachan to deliver school assemblies to RH primary schools.</p>
<p>Health and Wellbeing Team approached to develop joint Health/Children's Services project in Seacroft/Manston cluster</p>	<p>Feel Good Factor Liz Bailey Janet Smith Joanne Buck Mark Smith Alison Cater</p>	<p>Frontline staff training delivered at the Moyes Centre in October</p>	<p>There is interest in additional future delivery but need to ascertain/put in place follow up methods to ensure participants use training effectively.</p>
<p>Reducing damage caused by smoking & tobacco use</p> <p>Rationale Priority within the H &WB Strategy</p>	<p>Liz Bailey Janet Smith Babul Hussein Safina Sher</p>	<p>Niche tobacco project Harehills (Shisha and chewing tobacco)</p>	<p>Going well good engagement and coverage Enforcement task group first meeting 23rd October Evaluation report completed. Drawing up paper to support further funding. To complete</p>

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	<p>Liz Bailey Claire Billingham Sally Hoy Karen Umpleby</p> <p>Liz Bailey Karen Haw (SSS Service) Vicky Walker (Respiratory Team)</p> <p>Janet Smith Vicky Walker</p> <p>Harehills Healthy Living Group</p> <p>Louise Cresswell Burmantofts Health Improvement Partnership / RH HWB Partnership</p>	<p>Young People's Smoking behaviour questionnaire Inner East Leeds</p> <p>COPD screening questionnaire through stop smoking service (Bellbrooke Surgery)</p> <p>Referral and follow up to preventative services via community Lung Health events</p> <p>Stoptober event itself was quiet but awareness raising work done in schools around this. Evaluation meeting arranged to consider learning and how to take stop smoking work forward</p> <p>Develop activity to address the impact of smoking /secondhand smoke</p> <p>Health For All delivering Smoke Free Homes work in B and RH.</p> <p>Third sector contracts include referral to stop smoking service</p> <p>LCC Smokefree Workplace Policy(includes ENE workplaces & local staff) updated</p>	<p>early January. Meeting with Heather Thomson 21st Jan to discuss.</p> <p>Draft report written up. Comparing findings against other YPs work and sharing with Children's Services with view to drawing up plans to address identified issues. Patients have now been identified. Experiencing delay with practice doing necessary checks before spirometry can be done.</p> <p>Project now complete, evaluation is underway</p> <p>Joint Harehills and Chapeltown Health Group first meeting took place and was well attended. Health needs data revisited. New objectives and action plan to be developed with partners.</p> <p>Developing action plan for 2013/14</p> <p>Third sector agencies to support roll-out of Stoptober campaign</p> <p>Review of Third Sector contracts for 2013/14 underway. To include effectiveness of current referrals</p> <p>Has been passed by Unison. Expect full sign off in next two weeks</p>

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Ensure local workplaces are modelling non-smoking behaviour (ENE H &WB Partnership priority)	Feel Good Factor Zest Health for Life ELHFA Space 2 Louise Cresswell (contract mgr - LCC) Liz Bailey		
Support Diabetes awareness raising & prevention Rationale Harehills identified as prevalence hot spot by JSNA	Liz Bailey Corrina Lawrence	£6,000 one off Public Health funds for Feel Good Factor to raise awareness in South Asian/Carribbean Communities 487 people provided with diabetes related information over 1 year in Harehills and Chapeltown MSOAs Further 2K to provide skills around modifying diet in culturally acceptable way to prevent/manage diabetes	10 Health Champions/Activators trained, 12 awareness sessions held. 101 'pass it on' messages delivered. 1 referral to weight management service and 8 signposts 8 champions affected by diabetes recruited 2 training sessions by Diabetes UK held 2 events planned by champions
Reducing Harm of alcohol use Rationale Priority within the H &WB Strategy	Liz Bailey Becky Malby (Leeds Uni) Service users Liz Bailey Liz Bailey Rory Barke	Co-producing health group working with service users to design and commission services in LS14 Delivery of ENE wide multi-agency alcohol harm reduction plan Discussions held with Public Health England re support available to help set up Local Alcohol Action Areas	Successful community event held in Seacroft 11 th July 2013. Refreshed Drug & Alcohol Strategy incorporated collected views. Bid submitted by Oakwood Lane Health Centre to Leeds North CCG to support Third Sector/ Community led wellbeing activities. GPs engaged and supporting development. Home Office EOI sent to LCC Chief Exec and cross city support given for LAAA, but City Centre location put forward. ENE Exec partnership Group feels tackling alcohol misuse a priority so mapping work continuing and plans for own LAAA type initiative being made Training to take place

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	<p>Liz Bailey Louise Cresswell</p> <p>Louise Cresswell</p>	<p>Arranging training to enable non health professionals e.g. social workers, to use Audit C screening to identify and signpost those with alcohol issues</p> <p>Burmantofts / RH Alcohol sub group established. Action focussed group. Meetings held monthly.</p> <p>ELHFA leading alcohol peer support project in the Burmantofts area</p>	<p>Wednesday 8th January. 40 participants signed up</p> <p>Local area alcohol action plan developed. Share of 3K locality monies for alcohol work allocated. To produce brief mapping document of Alcohol projects and support services in B/RH</p> <p>Health events held in Burmantofts and Lincoln Green in Nov / Dec incorporating alcohol awareness raising Winter Fayre event attracted 150 people</p> <p>To provide support to further develop peer support project. Very positive outcomes being achieved in terms of engagement, behaviour change and supporting service users into mainstream support</p>
<p>Financial Inclusion</p> <p>Rationale Help mitigate potential negative impact of Welfare Reforms</p>	<p>Zaheda Noor</p> <p>Zaheda Noor, Tina Leslie, Jean Ruddock -LCC Employment and</p>	<p>Video clip developed to raise awareness around illegal money lending and support services available. This was played on life channel screens in health centres/GP clinics in East Leeds – Jun 2013</p> <p>Development of Money skills / budgeting resource.</p> <p>Local welfare and debt advice leaflet developed by FGF/ZN (East Leeds)</p>	<p>Illegal money lending clip disseminated to wider settings. Link to video clip has been included in the internal children centre bulletin. Currently showing on TV screen at Reginald Centre and a link has been included on Unity Housing website. Completed Advice regarding content. Design, launch and roll out.</p> <p>FGF to disseminate to residents as part of commissioned welfare reforms work. ZN to circulate electronic</p>

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Welfare Reforms	Skills Zaheda Noor/Esther Foster FGF Louise Cresswell FGF Sharon Hughes	FGF funded by PH and Area Committee to support and engage most vulnerable and hard to reach residents in East Leeds around the Welfare Reforms. Contribute to relevant local partnerships e.g. East Leeds Debt Forum, East Leeds Welfare Reforms Project Group	copies to east Leeds debt forum and other partnership groups. Commissioned until June 2014
Mental Health/Suicide Prevention Rationale Suicide Audit & Councillor/local concerns	Cllr Ron Grahame Liz Bailey Sylvia Landells (ASC)	Local meeting held in abeyance Mental health/suicide prevention training opportunities circulated	Community Sub group of citywide Suicide Group has identified key actions and sent to citywide suicide prevention group. Will get update at next meeting on 16 th Jan 2014. 5K now allocated to mental health promotion. Plans include increasing number of key workers and community members trained to identify/signpost/support those at risk of suicide. Money to be allocated by end of Jan 2014.
Lifestyle and wider determinants health check for private sector tenants Rationale Targets vulnerable families and offers support on a number of health/welfare issues Tackle 'people centred' issues alongside structural improvements to housing in Cross	Liz Bailey Housing Providers Health Trainers Liz Bailey Sarah May	Project plan discussed. Further discussions with HTs and Housing arranged Workshop of key officers in September	Identify and support at risk tenants and assist early intervention. Link to Health Trainers, Leeds Let's Change, Financial Inclusion and mental health/suicide audit (Now to be included in Cross Green activity below) Learn from Connect Housing work around 'why tenancies fail' Action plan drawn up. Potential fuel poverty, fire safety and Third sector linkages identified

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Green			
<p>Deliver 'Health is Everyone's Business' training</p> <p>Rationale Priority for ENE ALT</p>	<p>Louise Cresswell Zaheda Noor</p>	<p>Paper/project plan presented to ALT. Training to be rolled out to frontline staff in the B/RH area. Session also arranged for Housing workers involved in Nowells Neighbourhood Approach work – Nov 2013</p>	<p>Ensure non health staff are delivering targeted health promotion messages to vulnerable people 29 professionals from ENE Leeds including representatives from the Burmantofts and RH areas and housing staff involved in the Nowells neighbourhood approach work attended HIEB training – Oct 2013. This evaluated very highly.</p>
<p>Long Term conditions management</p> <p>Rationale Linked to priority within the H &WB Strategy</p>	<p>Liz Bailey Janet Smith Vicky Walker LCHCS(Respiratory Team)</p>	<p>Support Breathe COPD management group including inhaler technique initiatives (Seacroft)</p> <p>Contribute towards 'Know it Check it Treat It'</p>	<p>DVD nearing completion. To meet with Third Sector to devise most effective usage.</p> <p>Campaign completed & evaluated 2012 2013 campaign complete, training for 3rd sector roll out delivered, events delivered October and November, evaluation underway.</p>
<p>Increase levels of physical activity in those with or at risk of long term health conditions.</p> <p>Rationale Linked to priority within the H &WB Strategy.</p>	<p>Janet Smith Hamara ECHO Centre Zest Health for Life Space 2 Active Lifestyle Officer</p>	<p>Third Sector commissioned to support Walking for Health groups which meet weekly for short local walks in Harehills and the city centre.</p> <p>Leeds Let's Get Active being promoted via 3rd sector organisations and other partners.</p> <p>Action in service plan around increasing cycling and promoting Leeds Let's get Active.</p>	<p>Local people accessing Fearnville Leisure Centre and other new community physical activities.</p>
<p>Establish Seacroft Health Improvement Group in Seacroft.</p> <p>Rationale Build capacity of partners to deliver Health and Wellbeing priorities</p>	<p>Janet Smith Space 2 Seacroft Health Improvement Group</p>	<p>Group is now established with regular themed meetings, Physical Activity development work, facilitated for Leeds Lets Get Active.</p>	<p>Initial plans are being made around future actions for: Oral Health Mental Health Physical Activity Smoking Reduction</p> <p>Further planning and delivery of projects to be carried out Funding agreed for additional delivery of cooking courses in Seacroft, linking in with</p>

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			citywide strategy for Cook 4 Life and the Ministry of Food. Planning/delivery to commence 2014.
<p>Establish Gipton Health Improvement Group in Gipton</p> <p>Rationale Build capacity of partnerships to deliver Health and Wellbeing priorities.</p>	<p>Janet Smith Space 2 Gipton Health Improvement Group</p>	<p>2 meetings have been held, initial priorities agreed around obesity, oral health, smoking reduction, physical activity, cancers, mental health.</p>	<p>Map current provision, identify scope for future actions, plan and deliver projects.</p>
<p>Increasing Early detection of lung cancer</p> <p>Rationale Linked to priority within HWB strategy</p> <p>High prevalence of lung cancer in deprived communities – Inner East Leeds</p>	<p>Louise Cresswell (contract Manager) Feel Good Factor</p>	<p>FGF commissioned to raise awareness around the signs and symptoms of lung cancer and to support people from target communities in inner east Leeds to access the self-referral chest x ray clinics.</p>	<p>Intended outcome – Increased early detection of lung cancer.</p> <p>Update report available & has been distribute.</p> <p>PH lead for this project has now been passed to new PH cancer specific post holder.</p>
<p>Lead and drive forward development of local HWB activity in B/RH through partnership working</p> <p>Rationale Build capacity of partnerships to deliver Health and Wellbeing priorities</p>	<p>Louise Cresswell Burmantofts Health Improvement partnership Richmond Hill Health and Well-being Partnership</p>	<p>Regular meetings held Action plan 2013-14 developed.</p>	